



TEAMAX ADVENTURE

Discover Seoul to Jeju Bike Ride

I . Intro





SEOUL TO JEJU BIKE JOURNEY

‘Hot Springs and Ancient Korea’, those two words are core of this relaxing Seoul to Jeju bike tour. We designed this bike tour as targeting on those who are not only adventure seeker but also culture, foodie, Hot Springs and family adventure seekers. We ride bikes mostly on safe bike path along Korean rivers and mountains as following Korean Hot Spring towns and cultural tourist attraction villages like Yangpyeong, Chungju, Munkyeong, Cheongsong for Hot Springs and Seoul, Andong, Gyeongju, Busan and Jeju island for culture and food.

It's not just bike tour! It is discovering Korea and experiencing Korea!

02 Brief itinerary

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Day 01 Seoul to Yangpyeong (75km)

Day 02 Yangpyeong to Chungju (65km)

Day 03 Chungju to Munkyeong (73km)

Day 04 Munkyeong to Andong (72km)

Day 05 Rest Day (Andong Hahoe Village tour)

Day 06 Andong to Choengsong (69km)

Day 07 Cheongsong to Yeongdeok (54km)

Day 08 Yeongdeok to Gyeongju (82km)

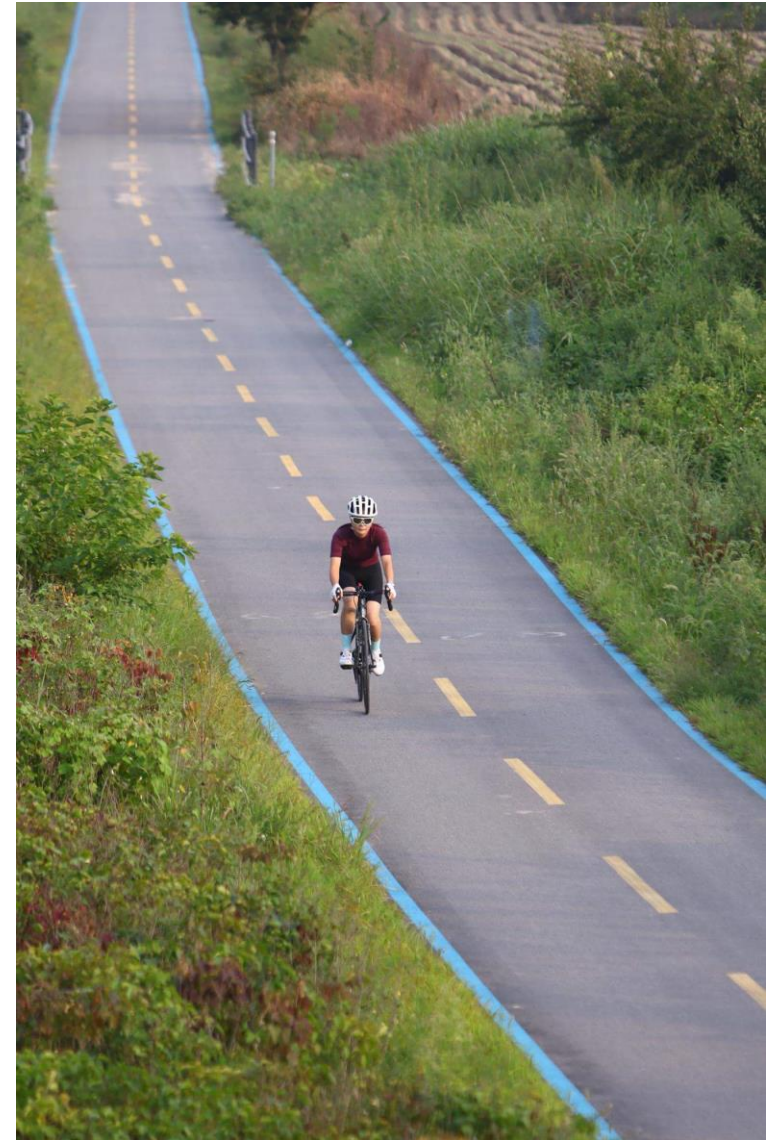
Day 09 Discover Gyeongju city

Day 10 Train to Busan & Ferry to Jeju

Day 11 Arrival at Jeju and start riding to Seogwipo (67km)

Day 12 Seogwipo to Seongsan (62km)

Day 13 Seongsan to Jeju city (56km)



03 Route map



Red color route is for Seoul to Busan bike tour. It is 100% well paved bike path and it is totally separate from car road which means it is super safe bike route for bike travelers.

This red color route leads us to all the way to Busan city as passing Seoul, Gyeonggi Province, Gangwon Province, Chungcheong Province, Gyeongsang Province and Busan.

Jeju Island built this safe and well paved bike path around the island as expecting bike travelers to enjoy bike riding so this 'Fantastic Bike Trail' leads bike travelers literally everywhere in Jeju Island so that bike travelers discover more and more of Jeju Island.

II. Detail Info



01 General Information



TOURING



DURATION

14 Days/ 13 Nights



CYCLING DISTANCE

675 km (10 full)



DESTINATION

Seoul-Jeju-do of Korea



RENTAL BIKE

Hybrid



DIFFICULTY

Intermediate



TOUR MEETS/ENDS

Seoul/Jeju-do

PRICES

TOUR COST: \$- US dollar

BIKE HIRE: \$- US dollar

SINGLE SUPPLEMENT: \$- US dollar

HOW TO BOOK

Please make a reservation through our website and contact us to discuss further detail for you and your group members.

TOUR INFORMATION

GROUP SIZE: 6-15 riders

MINIMUM AGE: 18 years

INCLUDED: English speaking bike tour guide/Support vehicle and drivers/Meals(as indicated) /Accommodation/Day snacks, seasonal fruits and water

EXCLUDED: International/domestic flights/ Visa fees/ Personal snack and alcohol drinks

On this Seoul to Jeju Relaxing Bike Tour, we cycle 658km in ten cycling days on well paved bicycle trails and country side roads. These paths are separated from vehicles and are very safe and these country side roads are quiet and peaceful road with so few car traffic. A support vehicle follows us on this tour to carry our luggage, bike mechanic support and has seats available in case of an emergency. However, the spaces in the vehicle are limited so cyclists will be expected to ride the daily distance listed. Please note this join-in tour is open to riders from other tour companies or other groups unless it is a private group tour only for your group. This helps us to gather together sufficient numbers of cyclists to guarantee a departure quickly.

Conditions for luggage



Max number of luggage per person: 1 small day backpack & 1 suitcase or luggage



Weight of luggage: Max 25kg per suitcase or luggage

Bike Cargo bag: If you bring your bike and ask us to carry your bike cargo bag, we are happy to carry your bike cargo bag in our support vehicle to our destination. But if there's not enough space in the vehicle and in case that we need to hire a truck to deliver your bike cargo bag to our destination or we keep your bike cargo bag in our office or hotels, extra charge for this service will occur and you are responsible for this extra charge. So please communicate us to find the best solution in that kind of situation before you come to South Korea.

B= Breakfast L= Lunch D= Dinner

Day 0- Arrival at Seoul of South Korea

One day before starting the journey. You should be in Seoul at least one day before we start riding Seoul to Busan. We recommend you to stay around Yeoido of Seoul because all the hotels in Yeoido area has easy access to Han River Bike path leading us to all the way to Busan.

If you need airport pick up and accommodation on Day 0, please contact us in advance to discuss about airport pick up and finding good accommodation for your group because the price for those service might differ depending on your taste for your group size, vehicle, accommodation level and etc.

Day 1- Seoul to Yangpyeong

We meet you at your hotel in Seoul, check bikes and we will have brief orientation about the journey. Right after the orientation, we start riding in the middle of Seoul as seeing Yeoido, Gangnam, Jamsil which are highly developed areas in Seoul. Once we pass Seoul boundary, we will have lunch at Paldang Dam area. After lunch, we start enjoying view of Korean mountains and rivers with few bike rider traffic in Yangpyeong area.

Meals: L, D

Dinner info (Ori Bulgogi)

<http://sortedfood.com/blog/discover-5-new-dishes-from-the-heart-of-korea/>

Hotel info (Chervill Hot Spring Hotel in Yangpyeong)

<http://www.chervillehotel.com/>



#HELLO KOREA

PHOTO BY KYLIN

Day 2- Yangpyeong to Chungju

We start riding from the hotel and we start riding South Han River Bike Path. You will feel more freedom since there will be fewer bike riders since you start riding from Yangpyeong. Enjoy view of Yeosu bike path area with flowing South Han River next pine trees on the cliffs. After lunch, we finish riding in Angsung Hot Spring county of Chungju city. You have a chance to enjoy Korean Hot Spring before going to bed.

Meals: B, L, D

Dinner info

<https://en.wikipedia.org/wiki/Bulgogi>

Hotel info (UN Tourist Hotel in Chungju)

<https://m.post.naver.com/viewer/postView.nhn?volumeNo=16395216&memberNo=40264401>

03 DAY 2 YANGPYEONG - CHUNGJU



Day 3- Chungju to Munkyeong

Today is uphill day. There are two hills waiting for riders to push their limits. One is Sojoryung(362m) and the other one is Ihwaryung(548m). Ihwaryung has been a boundary between Chungcheong Province and Gyeongsang Province since Josun Dynasty(1392-1910). We meet the first uphill, Sojoryung after riding 53km from the hotel in Suanbo town. Sojoryung uphill is 2.5km. We start climbing Ihwaryung right after a long down hill riding from Sojoryung. Ihwaryung uphill is 5km. After Ihwaryung, we check in Munkyeong city which is the first city in Gyeongsang Province. We check in a hotel in Munkyeong city.

Meals: B, L, D

Dinner info

<http://mgksfood.cafe24.com/>

Hotel info (Munkyeong Hot Spring Hotel)

<http://www.mghotel.com/main/index.html>

03 DAY 3 CHUNGJU - MUNKYEONG



Day 4- Munkyeong to Andong

Nakdong River is crossing Gyeongsang Province and Nakdong River bike path starts from Sangju city. One direction will lead to Busan and the other direction will lead to East Sea of South Korea. We will follow bike path leading us to East Sea of South Korea to go to Andong at Sangju city.

Andong Hahoe village is UNESCO world cultural heritage village in South Korea. We finish riding at Andong Hahoe village town for following rest day to visit Andong Hahoe Village.

Andong Hahoe Village

https://en.wikipedia.org/wiki/Hahoe_Folk_Village

Meals: B, L, D

Dinner info

https://en.wikipedia.org/wiki/Andong_jjimdak

Hotel info (Korean motel)

<http://www.cmparkhotel.com/>

03 DAY 4 MUNKYEONG - ANDONG



Day 5- Rest day to visit Andong Hahoe Village

It is rest day in Andong Hahoe village town to discover UNESCO world heritage. It is your own to go to Andong Hahoe village. There are many buses running between Andong Hahoe village and town so you can plan on your own time schedule for a day because it is relaxing rest day. Also you can find your own lunch and dinner depending on your taste for Korean cuisine.

During rest day, you can recover your energy for upcoming riding days.

Meals: B

Hotel info (Korean motel)

<http://www.cmparkhotel.com/>

03 DAY 5 ANDONG HAHOE VILLAGE TOUR



Day 6- Andong to Cheongsong county

Relaxing cruising bike route is continued on 6th day. We will pass Andong Lake which is one of the largest artificial lake in South Korea. After we pass Andong Lake, we will ride on car sharing roads all the way to Cheongsong county. Cheongsong county is located between Korean Taebaek Mountain range so it contains beautiful Korean mountain range scenery around the county. Because it is surrounded by mountains, its year average temperature is cool and nice. Even you can find ice at Cheongsong valley during summer occasionally.

We will check in Cheongsong Hot Spring Hotel to relax your muscle from the long bike riding.

Meals: B, L, D

Dinner info

<https://en.wikipedia.org/wiki/Gamja-tang>

Hotel info

<http://juwangspahotel.co.kr/>

03 DAY 6 ANDONG - CHEONGSONG



Day 7- Cheongsong to Yeongdeok

Today is the big uphill climb day. We still ride on quiet and peaceful roads to go to East Sea of South Korea. But all riders will challenge to climb Juwang mountain(721m) to meet blue ocean, East Sea of South Korea. Luckily today is the shortest riding day as well. So riders can take a good rest in Yeongdeok town after big uphill day. We finish riding at Yeongdeok town. Yeongdeok is a small port town but it is the most famous town for its Korean King Crab sales. So we will have a chance to tour this King Crab town and to eat Korean King Crab for dinner.

There are so many local King Crab restaurants in this small town so it is not for us to pick one for our clients. So it is your choice to pick a local King Crab restaurant to enjoy the famous sea food by yourself.

Regarding to accommodation, there is no hotel in this small town and we found this motel but this motel only has single bed in one room. So we give one room to one rider for check in.

Meals: B, L, D

Dinner info

<https://blog.bnbhero.com/yeongdeok-snow-crab-festival/>

Hotel info (Korean Motel)

<http://blog.naver.com/PostView.nhn?blogId=143652&logNo=221298685895&parentCategoryNo=&categoryNo=63&viewDate=&isShowPopularPosts=true&from=search>

03 DAY 7 CHEONGSONG - YEONGDEOK



Day 8- Yeongdeok to Gyeongju

Today is the last riding day in Korea mainland. We need all riders' energy to ride about 90km to reach Gyeongju city, almost 2,000 year old ancient city which contains Shilla's old artifacts, one of Korea's ancient Kingdoms from BC 15 – AC 800. People call Gyeongju city 'live city museum'. You can discover all artifacts in everywhere in Gyeongju city.

Meals: B, L, D

Dinner info

https://www.tripadvisor.com/Restaurant_Review-g297888-d4414177-Reviews-Byeolchaeban_Gyodong_Ssambap-Gyeongju_Gyeongsangbuk_do.html

Hotel info (Korean Traditional House hotel)

<http://www.hanokvillage.co.kr/>

03 DAY 8 YEONGDEOK - GYEONGJU



03 DAY 8 YEONGDEOK - GYEONGJU



Day 9- Discover Gyeongju

Our journey in Koran mainland is over. But you don't want to miss Gyeongju. We have a day tour here in the 'live city museum'. Gyeongju is full of historic places, cultural properties such as Bulguksa temple, Seokguram cave and Royal tomb. We spend all day to discover beauty of Gyeongju city before move to Jeju island.

Meals: B, L, D

Dinner info

https://www.tripadvisor.com/Restaurant_Review-g294197-d7161357-Reviews-Beezza-Seoul.html

Hotel info (Korean Traditional House hotel)

<http://www.hanokvillage.co.kr/>



03 DAY 9 DISCOVER GYEONGJU



Day 9- Move to Busan by vehicle, ferry to Jeju island

Today is the last day in mainland. After we check out Gyeongju Traditional House Hotel, we will move to Busan to have a half day tour by vehicle. We visit Gamcheon Cultural village to discover Busan Color, then move to Jagalchi fish market and Nampodong Street to feel Busan city's dynamic atmosphere.

After lunch, you will have free time until 5 pm. You can visit wherever you want, explore local areas that you might love! Our team will meet you at 5 pm to take you to Busan Port. We are going to get ready for our next journey in Jeju, one of the most beautiful island in the world.

The ferry departs at 7 pm and it takes 12 hours to ferry from Busan Port to Jeju Port. We will have a special night in the luxury ferry.

Meals: B

Hotel info (MS Ferry)

<https://msferry.modoo.at/?link=cqdp40ub>

03 DAY 10 MOVE TO BUSAN, FERRY TO JEJU



03 DAY 11 Arrival at Jeju and start riding to Seogwipo

Day 11- Arrival at Jeju and start riding to Seogwipo

We arrive at Jeju port in the early morning and move to Hyeopjae Beach by vehicles. We will be riding along Jeju's coastal bike path after having breakfasts near the beach. We visit the temples at the foot of Sanbongsan mountain, each with its own character in murals, statues and Chinese characters. From here, we wind through the jagged headlands to the quirky artistic town of Seogwipo, staying on a peaceful seafront out of town where the old lava flow stumbles into the sea.

Meals: B, L, D

Dinner info

<https://www.koreanbapsang.com/haemul-bap-seafood-rice-bowl/>

Hotel info (Hotel Sumorum)

<http://sumorum.co.kr/en/main>

03 DAY 11 Arrival at Jeju and start riding to Seogwipo



03 DAY 12 Seogwipo to Sungsan

Day 12- Seogwipo to Sungsan

Taking in the colourful seaside sculpture through town, the coastal road through Seogwipo enjoys natural wonders en route - where we may stop to see the famous Oedolgae Rock or Jeongbang Waterfall. You might even see a Korean pop (K-pop) celebrity on holiday, before we continue eastwards across the picturesque Soesokkak Estuary. Next we cycle to Jeju's Folk Museum and discover more about the stone harubangs (statues) that have guarded the island since the eighteenth century. Continuing northwards, we ride on a narrow causeway to Seongsan, where the sheer sides of the vast volcanic plug of Seongsan Ilchulbong rise from the sea, overlooking the Haenyo grandmothers freediving for seafood.

Meals: B, L, D

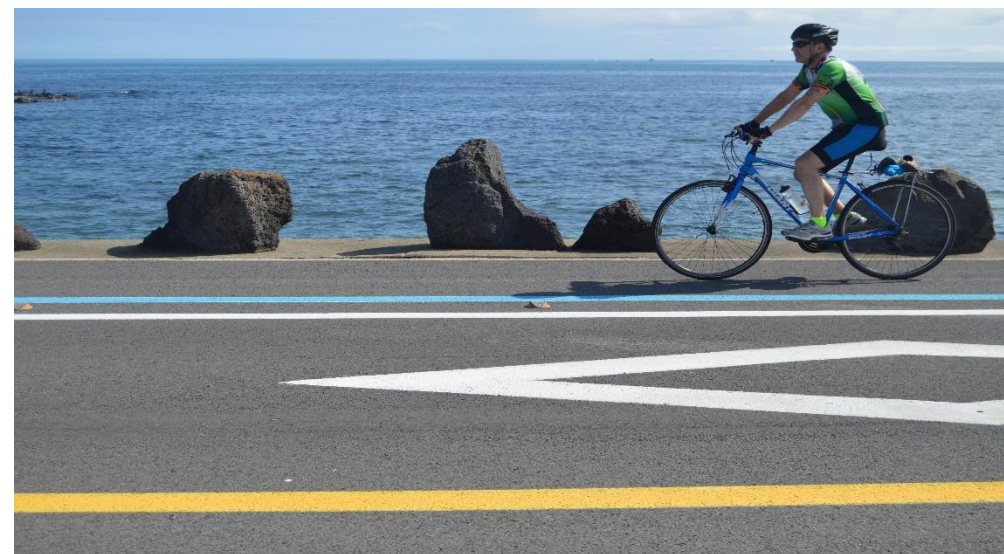
Dinner info

https://www.tripadvisor.com/ShowUserReviews-g297892-d13799127-r642784663-Sikeul_Tamhada-Seogwipo_Jeju_Island.html

Hotel info (Blue mountain hotel)

<https://cafe.naver.com/naganda/409173>

03 DAY 12 Seogwipo to Seongsan



Day 13- Seongsan to Jeju city

This is the last day of our long journey from Seoul. An impressive sunrise over the sea is usually the reward for those who rise early to hike the volcanic peak of Seongsan Ilchulbong. Our ride continues westwards through the coastal wetlands, rich with local bird life, and dipping inland to explore the spectacular lava tubes at Manjanggal Caves- watch out for the natural 'Stone Turtle' in the shape of Jeju Island. Approaching Jeju City from the north, we will wind through the small coastal settlements alongside Jeju's traditional stonewalls, where Borimsa temple, damaged and rebuilt following the 1948 Jeju uprising, is juxtaposed against the bustling modern day port below the hillside cycle path. We spend the night in Jeju City.

The next day, it's time to say goodbye. We will take you to Jeju airport.

Meals: B, L, D

Dinner info

https://www.tripadvisor.com/LocationPhotoDirectLink-g297892-d8758947-i207820789-Mokpogoeul-Seogwipo_Jeju_Island.html

Hotel info (Whistlelark Jeju Hotel)

<http://www.whistlelark.co.kr/?lang=en>

03 DAY 13 Seongsan to Jeju city



III. NUTS & BOLTS



RENTAL BIKES:

This bike tour package includes bike rental service.

Hybrid bike- Giant Escape 2 2019

<https://www.giant-bicycles.com/us/escape-2>

E-bike- Giant Fastroad E+

<https://www.giant-bicycles.com/int/fastroad-eplus>

BIKES REPAIRS:

Basic spares and tools are carried by the guide and on the support vehicle, though we cannot guarantee having spares for every conceivable problem. Carrying a basic tool kit, a spare tube and a pump while riding is recommended.

SAFETY:

Wearing a helmet is required on all our biking adventures and is non negotiable. If you do not wear a helmet you will not be allowed to cycle. Your tour leaders is trained in first aid and emergency rescue, but to a large degree you must be responsible for your own safety while riding.

SUPPORT:

A support vehicle follows us on this tour to carry our luggage and has seats available in case of an emergency. However, the spaces in the vehicle are limited so cyclists will be expected to ride the daily distance listed.

GUIDES:

You will be led by a local English-speaking guide. All our guides are well informed in the history, culture and religions of the area where you are biking and are skilled at passing that knowledge on to you. Your guide is also medically trained and an experienced cyclist, able to handle most minor repairs on route.

IV. THE NITTY GRITTY



ARRIVING AND DEPARTING:

This tour begins and ends at our hotels in Seoul, South Korea. International and domestic flights to and from the start and finish points are not included in the tour price. Pick up and drop off to and from Incheon Airport is not included in this tour. The most popular ways to reach the city center are the Airport Railroad Express (AREX) railway line, Seoul Metropolitan Subway, airport limousine buses, and regular or van taxis. Please contact us for advice before arranging flights for the best arrival and departure times as well as the best way to reach the hotel. Also if you need pick up and drop off service, please let us know in advance.

PASSPORT AND VISAS:

Passport holders up to 101 countries do not require a visa to visit South Korea from 30-90 days. A complete list of visa-exempt countries is [here](#)

HEALTH:

COVID19 vaccinations are needed.

WEATHER:

Korea has four very distinct seasons: spring from mid-March to the end of May; summer from June to August can be very hot and sticky; September through end of November is fall; and winter from December to mid-March. The best time of year to visit is autumn, when skies are blue, the weather is usually sunny and warm and the forested mountainsides are ablaze with astonishing fall colors. Spring, from April to June is another beautiful season, with generally mild temperatures and cherry blossoms spreading north across the country in April. Winters in the north are colder than in the more southerly Busan or Jeju Island.

FOOD:

Meals are included as per the itinerary where B=Breakfast, L=Lunch, D=Dinner. Korean cuisine is largely based upon rice, vegetables, and meats. Traditional Korean meals are noted for the number of side dishes. Kimchi (traditional fermented vegetables) is served often, sometimes at every meal. Any special dietary requirements can also be catered for as well. Please let us know at the time of booking.

DRINK:

Keeping you completely hydrated is a job we take very seriously. Cold water, some energy-restoring local fruit and soft drinks are included in the tour price while riding. Soft drinks and other beverages during meals are not included. Beer is freely available everywhere in Korea, but is NOT included in the price.

ACCOMMODATION:

When we stay in hotels, two riders in one twin bed room or double bed room. When we stay in motels, one rider in one double bed room except for couples. When we stay in Korean traditional hotels, we cannot guarantee single room usages or two rider in one room policy. Sometime it is required that 3-4 riders should be in one big room.

EXTRA EXPENSES:

You might need cash in Korean currency in case that you might buy personal snack, souvenirs, coffee or others. Tipping is not customary in Korea. Guides have received and accepted tips on a voluntary basis.

MONEY:

The currency in South Korea is the won (₩) ATMs with a 'Global' sign often accept foreign cards. Most Global ATMs have basic instructions in English and mostly have a ₩700,000 won limit. Motels, hotels, shops and restaurants in cities and tourist areas accept foreign credit cards, but there are still plenty of restaurants and small businesses that don't. Be prepared to carry around some cash, especially when we are touring outside the main cities.

The information in this document is given in good faith, and covers the average range of conditions likely to be found on this trip. Please note that the itinerary is subject to change due to unforeseen circumstances, however, we will always do our best to adhere to this original itinerary.

*Sincerely,
TEAMAX ADVENTURE team*

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